



# I need a pyrrole test, what do I do?

## Preparation:

1. You will need to get a SAFE request form, and pathology request form from your doctor. **You will NOT be able to get the test done without them.**
2. If this is your first pyrrole test, you should stop all medications for at least 3 days prior to the urine sample being taken. **Consult with your doctor to determine if there are any medications you must stay on.**
3. Find your nearest collection centre. See the next page for a list of commonly used pathology collection providers (and a link to their locations web page) who collect urine for pyrrole testing in your state, or ask your doctor. You may need to book the collection ahead of time. Be aware that some smaller pathology collection centres may not be set up to do pyrrole collection. **Call your local collection centre before hand to ensure they will be able to do the collection for you.**

## Collection Day:

4. Ensure you take both the SAFE request form and the pathology request form with you to the collection centre.
5. Familiarise yourself with the collection guidelines:  
<http://www.safelabs.com.au/Kryptopyrrole%20Collection%20Instructions%20patient.pdf>
6. Please note that the collection centre may charge an additional fee for the collection above the cost of the test itself.
7. Your samples will be sent to our lab for testing from the collection centre.

## Results:

8. Once samples are received at our lab there is a 5 working day turn around for results.
9. If there are any issues with the samples, the collection centre will be notified if a re-collection of sample is required.
10. Results will be sent back to your requesting practitioner as soon as they are available.

## Commonly Used Collection Centres

### Queensland:

QML: (07 3121 4444) <http://www.qml.com.au/CollectionCentres.aspx>

Sullivan Nicolaides: (07 3377 8666) <http://www.snp.com.au/locations/collection-centres.aspx>

### New South Wales:

QML: (07 3121 4444) <http://www.qml.com.au/CollectionCentres.aspx> (northern NSW only)

DHM: (02 9855 5222) <http://www.dhm.com.au/our-locations/collection-centres.aspx>

Capital Pathology:(02 6285 9805) <http://www.capitalpath.com.au/locations/collection-centres.aspx>

Lavery Pathology: (02 9005 7000) <http://www.lavery.com.au/CollectionCentres.aspx>

### ACT:

Capital Pathology:(02 6285 9805) <http://www.capitalpath.com.au/locations/collection-centres.aspx>

Lavery Pathology: (02 9005 7000) <http://www.lavery.com.au/CollectionCentres.aspx>

Calvary John James Hospital:

(02 6281 8100) <https://www.calvarycare.org.au/john-james-private-hospital-canberra/>

### Victoria:

Melbourne Pathology: (03 9287 7921) <http://www.mps.com.au/locations/overview.aspx>

### Tasmania:

Hobart Pathology: (03 6223 1955) <http://www.hobartpath.com.au/locations/collection-centres.aspx>

### South Australia:

Clinpath Pathology: (08 8366 2000) <http://www.clinpath.com.au/locations/collection-centres.aspx>

### Northern Territory:

Sullivan Nicolaides: (08 8920 2111) <http://www.snp.com.au/locations/collection-centres.aspx>

### Western Australia:

Clinipath Pathology:

(08 9371 4200) <http://www.clinipathpathology.com.au/locations/collection-centres.aspx>