

Preparation	Method of use	Purpose
<b><i>Antiplaque/antibacterial preparations</i></b>		
chlorhexidine 0.2% mouthwash alcohol-free	dilute 5 mL mouthwash with 5 mL water, rinse twice daily	<p>can be used by people having concurrent chemotherapy and by people with chemotherapy-induced mucositis</p> <p>limits exposure to water-borne pathogens</p> <p>may assist with cleansing of mucositis and shifting of mucous plaques on mucosal surfaces</p> <p>oral hygiene adjunct</p>
chlorhexidine 0.2% gel alcohol-free	apply when needed to all mucosal surfaces and gingival margins	<p>oral hygiene adjunct</p> <p>provides lubrication</p> <p>eases discomfort</p>
<b><i>Anti-inflammatory and pain-relief preparations</i></b>		
benzylamine hydrochloride 0.15% solution	rinse 10 to 15 mL and spit out, 4 to 6 times daily	provides some pain relief
lignocaine 2% viscous	rinse 10 to 15 mL and spit out, 4-hourly	provides some pain relief
<b><i>Lubrication preparations</i></b>		
lip balm with chlorhexidine	apply as necessary	useful for lip mucositis
artificial saliva	apply as necessary	transient relief of oral dryness