

Assessing Hepatobiliary Function

How to use this Assessment Scale

Connect the dots and help navigate the complexities of the Hepatobiliary system.

Step 1 – Disorders: Identify your patient's Disorder.

Step 2 – Signs & Symptoms: Identify the Signs & Symptoms related to the Disorder, using the colour coded dots.

Step 3 – Testing: Confirm the Disorder with Testing results using the colour coded dots.

DISORDERS	
Fibromyalgia	
Hypothyroidism	
Metabolic Syndrome	
Fatty Liver	
Cardiovascular disease	
Diabetes	
PCOS	
Endometriosis	
SIBO	
Gut disorders	
Insulin Resistance	
History of kidney stones	
History of gall stones	

TESTING	
BLOOD – Bilirubin High	
BLOOD – GGT and/or ALP High	
BLOOD – ALT and/or AST High	
BLOOD – BUN Low/High	
BLOOD – CPK High	
OAT – Glucaric acid High	
OAT – Hippuric acid High or Low	
OAT – Oxalic acid High	
OAT – Glyceric acid High	
OAT – Glycolic acid High	
CSA – Faecal long chain fatty acids High	
CSA – Faecal triglycerides High	
CSA – Faecal cholesterol High	
CSA – Meat and Vegetable fibres present	
CSA – Faecal IgA Low	
CSA – Beta-glucuronidase High	
Lactulose-Mannitol Test – Lactulose High	
Pyrroles – Positive	

SIGNS AND SYMPTOMS

Nausea and Vomiting	
Fatty/Greasy Stools	
Light or clay coloured stools	
Referred pain between the shoulder blades	
Referred pain at the top of the right shoulder blade	
Abdominal pain	
Dull or sharp pain on the right side and/or upper middle abdomen	
Pain with a breath	
Chronic gas and bloating	
Constipation and/or diarrhea	
Indigestion	
Symptoms mostly after meals	
Loss of hunger	
Bitter taste in the mouth	
Itchy skin	
Skin rashes	
Liver spots, especially on the back of the hands & face	
Yellowing of the skin and/or eyes	
Dry or very greasy skin and hair	
Hair loss	
Headaches or migraines	
Sexual dysfunction	
Constant runny nose	
Chemical sensitivities	
ITB (Ileotibial Band) pain	
Weight loss resistance	
Historical use of prescription or illegal drugs	
Use of statin drugs	
Excessive heat and perspiration in the upper part of the body	
Tongue that is glossy or coated in white or yellow	
Morbid complexion	
Puffy eyes	
Dark colour under the eyes	
Problems with vision	
Dizziness and fainting spells	
Knee problems or pain in the popliteal muscle behind the knee	
Can't tolerate fatty food	

